As a female surgeon, I see my patients from a woman’s perspective. I understand how particular we are about perceived imperfections—whether we think we have cellulite, jowls, turkey necks or excess skin on our eyelids. I identify with the improved confidence and self-esteem that can be attained through natural-looking results from cosmetic surgery. My goal as a woman and as a surgeon is to help a patient become more comfortable and confident with their body and in particular with their face. I literally help my patients put their best face forward. Patients want to look the best they can for their age—not artificial and fake. In addition to surgery, I often recommend strategically placed injectables to add volume, lift and slenderness. If not done correctly, one can appear plump and inflated. Used skillfully and thoughtfully, these treatments can instantly achieve significant results with little to no downtime. Taking appropriate preventative early action is a key to looking great as you continue to age. It’s also important to know that it is never too late to make a difference for the future.

“Cosmetic plastic surgery is about making patients feel confident about themselves and be the best that they can be.”